FORCE OF NATURE LIVE IN NYC- THE GRIP WEEDS RELEASE THEIR FIRST CONCERT FILM TO DVD AND STREAMING VIDEO

HIGHLAND PARK, NJ– Following last year's critically-acclaimed studio "concept album" *How I Won The War* (2015, Jem Records), The Grip Weeds have put together a concert film from a two-hour performance captured in NYC's Tribeca Performing Arts Center. Professionally shot with multiple cameras and recorded to digital multitrack, *Force Of Nature Live In NYC* will be officially released December 2nd on DVD from Ground Up Records, the band's own imprint, and sold exclusively from their website www.gripweeds.com.

Force Of Nature Live In NYC includes 22 songs covering The Grip Weeds' two-decade history, performed in the band's electric high-octane style, with a low-volume acoustic mini-set and punctuated by well-chosen classics that display many of their primal Sixties Rock influences.

In addition, via www.concertwindow.com, the band will host two streaming video performances featuring two edited sets from the film: Part One will air on Monday, November 14th at 7:30pm EST, followed by Part Two on Monday, November 21st at 7:30pm EST. The DVD will be available for pre-order at www.concertwindow.com during these web broadcasts as well as from www.gripweeds.com beginning November 22nd.

The Grip Weeds will host a release party on Saturday, December 3rd at The Record Collector in Bordentown, NJ, where Force Of Nature Live In NYC will be available for the first time and celebrated with a special performance.

Force Of Nature Live In NYC will be available in two formats from www.gripweeds.com:

Standard Edition- Includes the 22-song 90-minute DVD

Deluxe Edition- Includes the 22-song 90-minute DVD, personalized & autographed by the band, plus:

Force Of Nature Live Via Satellite - an audio CD of their one-hour program recorded live in the studio at Sirius/XM in Washington, DC and originally aired Spring of 2016 on Sirius/XM's The Loft satellite radio show featuring DJ Mike Marrone. Includes 19 songs with band introductions and chat. This mass produced CD features 4-color eco-sleeve packaging.

Download Card with MP3 & FLAC audio for all songs from the concert film, including five additional performances not included on the DVD.

The release of this DVD will be limited to 750 numbered copies.

Force Of Nature Live In NYC DVD Track Listing:

- 1 Every Minute
- 2 Salad Days
- 3 Life Saver
- 4 Follow Me Blind
- 5 Strange Change Machine

6 Rainbow Quartz 7 Speed Of Life 8 The Law Other Side Of Your Heart 9 10 Sounder Force Of Nature 11 12 Twister 13 We're Not Getting Through 14 Rainy Day #1&2 (acoustic/ low volume performance) 15 Infinite Soul (acoustic/ low volume performance) 16 Over And Over (acoustic/ low volume performance) 17 Strange Bird (acoustic/ low volume performance) 18 How I Won The War 19 Vanish 20 Love's Lost On You

Force Of Nature Live Via Satellite CD Tracklisting:

1 Every Minute

Sun Ra Ga

Astral Man

21

22

- 2 Salad Days
- 3 Life Saver
- 4 Strange Change Machine
- 5 I'm A Man
- 6 Rainbow Quartz
- 7 Vanish
- 8 Rainy Day #1&2 (acoustic/ low volume performance)
- 9 She Don't Care About Time (acoustic/ low volume performance)

- 10 Strange Bird (acoustic/ low volume performance)
- 11 Twister
- 12 Sounder
- 13 Force Of Nature
- 14 Speed Of Life
- We're Not Getting Through
- 16 Love's Lost On You
- 17 Shakin' All Over
- 18 Sun Ra Ga
- 19 Astral Man